

**September**

**Sublette Lunch Menu**

**2017**

| Sun              | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Sat              |
|------------------|---|--|--|--|---|------------------|
|                  | <p><b>SALAD BAR OFFERED DAILY AT LUNCH</b><br/>*****<br/><b>JUICE AND MILK OFFERED DAILY AT BREAKFAST</b></p>   | <p><b>This institution is an equal opportunity provider.</b></p>   |  |  | <p><b>1</b> Kansas Granola Bar / Sliced Peaches<br/>*****<br/>Super Nachos<br/>Refried Beans<br/>Southwestern Lentils<br/>Fresh Mixed Fruit<br/>Sliced Peaches<br/>Milk</p> | <p><b>2</b></p>  |
| <p><b>3</b></p>  | <p><b>4</b><br/><b>NO School - Labor Day Observed</b></p>   | <p><b>5</b> French Toast Sticks w/ Syrup / Sliced Pears<br/>*****<br/>Country Style Beef Pattie<br/>Mashed Potatoes &amp; Gravy<br/>Steamed Broccoli<br/>Pineapple / Apple Wedges<br/>Milk</p>             | <p><b>6</b> Western Omelet Quesadilla w/ Salsa / Applesauce<br/>*****<br/>Sweet /Sour Chicken Nuggets<br/>Asian Fresh Veggies<br/>Seasoned Brown Rice<br/>Tropical Fruit<br/>Orange Wedge<br/>Milk</p> | <p><b>7</b> Yogurt Cup / Cereal Choice / Mixed Fruit<br/>*****<br/>Baked Ham<br/>Au Gratin Potatoes<br/>Seasoned Green Beans<br/>Apple Salad<br/>Roll w/ Jelly<br/>Honey Apple Crisp (9-12)<br/>Milk</p> | <p><b>8</b> Cinnamon Roll / Pineapple Chunks<br/>*****<br/>Cheese Pizza<br/>Seasoned Corn<br/>Fresh Grapes<br/>Honey Apple Crisp<br/>Milk</p>                               | <p><b>9</b></p>  |
| <p><b>10</b></p> | <p><b>11</b> Whole Wheat Bagel w/ Cream Cheese / Orange Wedge<br/>*****<br/>Corn Dog<br/>French Fries<br/>Normandy Blend Veggies<br/>Apple Wedge<br/>Fruit Salad<br/>Snicker Doodle Cookie<br/>Milk</p> | <p><b>12</b> Breakfast Pizza / Tropical Fruit<br/>*****<br/>Cowboy Cavatini<br/>Seasoned Corn<br/>Orange Wedge<br/>Fruit Cocktail<br/>Roll / Margarine<br/>Milk</p>  | <p><b>13</b> Waffles w/ Syrup / Fruit Cocktail<br/>*****<br/>Pulled Pork / Bun<br/>Baked Beans<br/>Strawberries<br/>Pineapple Chunks<br/>Milk</p>  | <p><b>14</b> Ham Pattie / Cereal Choice / Mango<br/>*****<br/>Chicken Quesadilla<br/>Refried Beans<br/>Black Bean &amp; Corn Salsa<br/>Honey Dew Melon<br/>Mango<br/>Tortilla Chips (9-12)<br/>Milk</p>  | <p><b>15</b> Pancakes w/ Syrup / Sausage Links / Sliced Peaches<br/>*****<br/>Hamburger / Bun<br/>French Fries<br/>Fresh Grapes<br/>Pineapple Chunks<br/>Milk</p>           | <p><b>16</b></p> |
| <p><b>17</b></p> | <p><b>18</b> Breakfast Pita w/ Salsa / Apple Wedges<br/>*****<br/>Chicken Wrap<br/>Spanish Brown Rice<br/>Sauteed Zucchini<br/>Tropical Fruit<br/>Orange Wedges<br/>Milk</p>                            | <p><b>19</b> Pancake on a Stick / Pineapple Chunks<br/>*****<br/>Macaroni &amp; Cheese w/ Meatballs<br/>California Blend Veggies<br/>Fruit Cocktail<br/>Orange Wedges<br/>Roll / Jelly (9-12)<br/>Milk</p> | <p><b>20</b> Chicken Biscuit Breakfast / Fresh Banana<br/>*****<br/>Taco Soup<br/>Tortilla Chips / Salsa<br/>Fresh Strawberries<br/>Sliced Pears<br/>Milk</p>  | <p><b>21</b> Scrumptious Coffee Cake / Applesauce<br/>*****<br/>Pork Rib / Bun<br/>Tater Tots<br/>Sliced Peaches<br/>Applesauce<br/>Milk</p>   | <p><b>22</b> Blueberry Bubble Bread / Sliced Pears<br/>*****<br/>Beef Wrap<br/>Seasoned Broccoli<br/>Sliced Pineapple<br/>Apple Wedges<br/>Cherry Crisp (7-12)<br/>Milk</p> | <p><b>23</b></p> |
| <p><b>24</b></p> | <p><b>25</b> Waffles w/ Syrup / Sliced Pineapple<br/>*****<br/>Chicken Nuggets<br/>Mashed Potatoes w/ Gravy<br/>Seasoned Carrots<br/>Applesauce<br/>Roll / Margarine<br/>Milk</p>                       | <p><b>26</b> Biscuit &amp; Gravy / Fresh Banana<br/>*****<br/>Spaghetti w/ Meat Sauce<br/>Green Beans<br/>Fresh Mandarin Oranges<br/>Fruit Cocktail<br/>Garlic Bread<br/>Milk</p>                          | <p><b>27</b> Kansas Granola Bar / Sliced Peaches<br/>*****<br/>Hot Dog / Bun<br/>Roasted Red Potatoes<br/>Broccoli w/ Cheese<br/>Apple Slices<br/>Sliced Peaches<br/>Milk</p>                          | <p><b>28</b> French Toast Sticks w/ Syrup / Sliced Pears<br/>*****<br/>Taco Salad<br/>Tortilla Chips w/ Salsa<br/>Refried Beans<br/>Watermelon<br/>Sliced Pears<br/>Milk</p>                             | <p><b>29</b> Breakfast Burrito w/ Salsa / Orange Wedges<br/>*****<br/>Chili Soup<br/>Crackers<br/>Sliced Peaches<br/>Fresh Pears<br/>Cinnamon Roll<br/>Milk</p>             | <p><b>30</b></p> |

