

- \$180 For overnight campers
- \$150 For commuters

Payment includes:

Meals, notebook, supplies, t-shirt, and first aid/CPR certification

Make checks or money orders payable to Sandhill Orthopaedic & Sportsmedicine.

Mail with payment to:

Kaitlin Worley, LAT, ATC
Athletic Training Camp Director
Sandhill Orthopaedic & SportsMedicine
 101 E. Fulton
 Garden City, Kansas 67846

Register Now!

Pre-register by July 6th

**STUDENT
 ATHLETIC TRAINING
 CAMP**



Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Email _____
 School _____

Age _____ Year of Grad _____

T-shirt size:

S M L XL XXL

Sandhill Orthopaedic & Sportsmedicine
 101 E. Fulton
 Garden City, KS 67846

JULY 20-22
2009



**STUDENT
 ATHLETIC TRAINING
 CAMP**

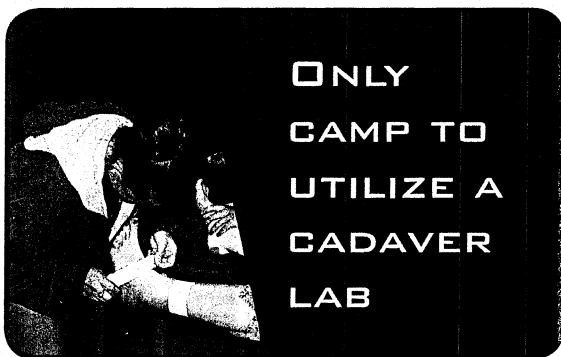
Co-sponsored by **Garden City Community College**



Coaches, school nurses, EMT's and anyone concerned with the care and treatment of injured athletes are encouraged to attend with their students.

Participants will:

- recognize common athletic injuries
- obtain certification in American Red Cross First Aid and CPR
- perform basic rehabilitation to speed the recovery of injured athletes
- correctly fit football protective equipment
- learn to prevent athletic injuries
- gain a new understanding of injured anatomy by viewing these structures on a cadaver
- tape/brace athletes by practicing these skills in lab exercises.



**ONLY
CAMP TO
UTILIZE A
CADAVER
LAB**

Participation

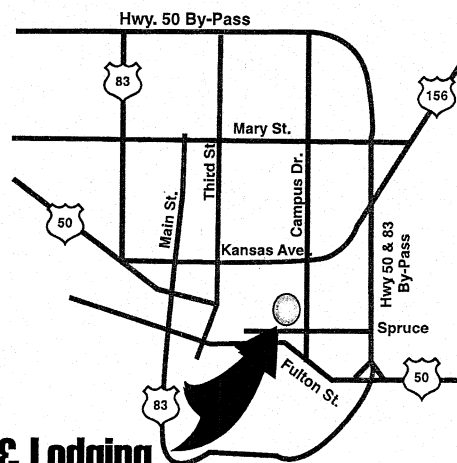
High school or college students, coaches, school nurses

Dates

Monday-1p.m. through Wednesday-11 a.m.
(First Aid/CPR participants must attend all sessions)

Location & Registration

Check-In: Monday, July 20 - 11 a.m. to 12:45 p.m.
Garden City Community College
Residential Life Complex • 801 Campus Drive & Spruce

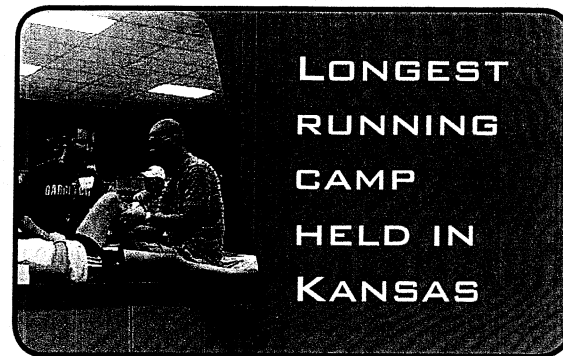


Meals & Lodging

Lodging provided at GCCC Res Life Complex
Meals will be provided from supper Monday night through breakfast Wednesday morning

College Credit

Two credit hours available
Contact Dan Evans for more info
Dan Evans, Head Athletic Trainer-GCCC
620-276-9617
dan.evans@gcccks.edu



**LONGEST
RUNNING
CAMP
HELD IN
KANSAS**

Sessions:

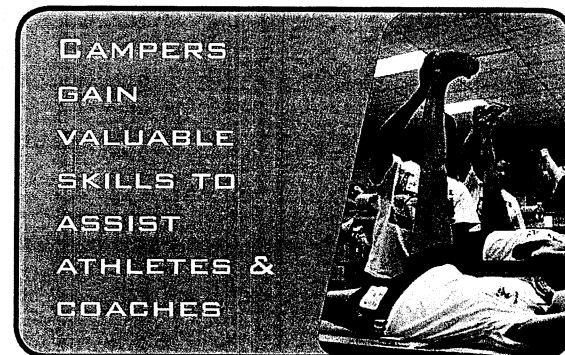
Head, face & neck injuries • Shoulder injuries
Abdomen & chest injuries
Elbow, wrist & hand injuries
Groin & thigh injuries • Knee injuries
Ankle, foot & lower leg injuries
Emergency care
Cryotherapy Modalities • Rehabilitation

Labs:

Cadaver dissection • Taping
Rehabilitation • First Aid/CPR
Helmet Fitting • Crutch Fitting/Walking

If you have any questions please contact

Kaitlin Worley
620-275-8400 ext. 29
or kworley@sandhillorthopaedic.com



**CAMPERS
GAIN
VALUABLE
SKILLS TO
ASSIST
ATHLETES &
COACHES**