

Summer 2009 FB/WTS.

DAY	DATE	WT. ROOM	FOOTBALL CAMP	FB Practice/Reg. Season	Agility/Conditioning
Mon.	June 7	7-9 am/7-9 pm			
Tue.	June 8	7-9 am/7-9 pm			
Wed.	June 9	7-9 am/7-9 pm			
Thu.	June 10	7-9 am/7-9 pm			
Mon.	June 14	7-9 am/7-9 pm			
Tue.	June 15	7-9 am/7-9 pm			
Wed.	June 16	7-9 am/7-9 pm			
Thu.	June 17	7-9 am/7-9 pm			
Mon.	June 21	7-9 am/7-9 pm			
Tue.	June 22	7-9 am/7-9 pm			
Wed.	June 23	7-9 am/7-9 pm			
Thu.	June 24	7-9 am/7-9 pm			
Mon.	June 28	7-9 am/7-9 pm			
Tue.	June 29	7-9 am/7-9 pm			
Wed.	June 30	7-9 am/7-9 pm			
Thu.	July 1	7-9 am/7-9 pm			
Mon.	July 5	7-9 am/7-9 pm			8:30 PM
Tue.	July 6	7-9 am/7-9 pm			
Wed.	July 7	7-9 am/7-9 pm			8:30 PM
Thu.	July 8	7-9 am/7-9 pm			
Mon.	July 12	7-9 am/7-9 pm			8:30 PM
Tue.	July 13	7-9 am/7-9 pm			
Wed.	July 14	7-9 am/7-9 pm			8:30 PM
Thu.	July 15	7-9 am/7-9 pm			
Mon.	July 19		7:30 AM		8:30 PM
Tue.	July 20		7:30 AM		
Wed.	July 21		7:30 AM		8:30 PM
Thu.	July 22		7:30 AM		
Fri.	July 23		7:30 AM		
Mon.	July 26	7-9 am/7-9 pm			8:30 PM
Tue.	July 27	7-9 am/7-9 pm			
Wed.	July 28	7-9 am/7-9 pm			8:30 PM
Thu.	July 29	7-9 am/7-9 pm			
Mon.	Aug 2	7-9 am/7-9 pm			8:30 PM
Tue.	Aug 3	7-9 am/7-9 pm			
Wed.	Aug 4	7-9 am/7-9 pm			8:30 PM
Thu.	Aug 5	7-9 am/7-9 pm			
Mon.	Aug 9				8:30 PM
Tue.	Aug 10				
Wed.	Aug 11				8:30 PM
Thu.	Aug 12				
Mon.	Aug 16			7:30 am and 3:30 pm (no pads)	
Tue.	Aug 17			7:30 am and 3:30 pm (no pads)	
Wed.	Aug 19			7:30 am and 3:30 pm (no pads)	
Thu.	Aug 19			3:30 PM (full pads)	
Fri.	Aug 20			3:30 PM (full pads)	
Sat.	Aug 21			9:00 AM Scrimmage	
Mon.	Aug 23				4:00 PM
Tue.	Aug 24				4:00 PM
Wed.	Aug 25				4:00 PM
Thu.	Aug 26	FIRST DAY OF SCHOOL			4:00 PM